**LEBA Course Rules**

1. All participants must wear properly fitted and fastened cycling helmet while on a bicycle.
2. Eye protection (sunglasses) is required for this course and is to be worn during all training rides and while participating in drills.
3. Hand protection (cycling gloves) should be worn while participating in training rides.
4. Participants will ride courteously, safely and will abide by all traffic laws.
5. Participants will abide by all instructors and will not attempt any bicycle maneuvers until properly instructed.
6. Students will not engage in “horseplay” that could endanger themselves or others.
7. Any injuries sustained in the course will be brought to the attention of the instructor staff immediately. The student should also notify their proper supervisors of injuries sustained.
8. Participants will report on time and remain at the training location or on selected routes until relieved by an instructor.
9. Participants will stop and assist other officers in the event of a fall, breakdown or injury.
10. Repairs and the cleaning of bicycles will be done outside or in non-carpeted areas.
11. Hands on takedowns and arrest techniques will only take place in a controlled environment.
12. In the event that a student fails the course, all LEBA materials will be returned to the staff.